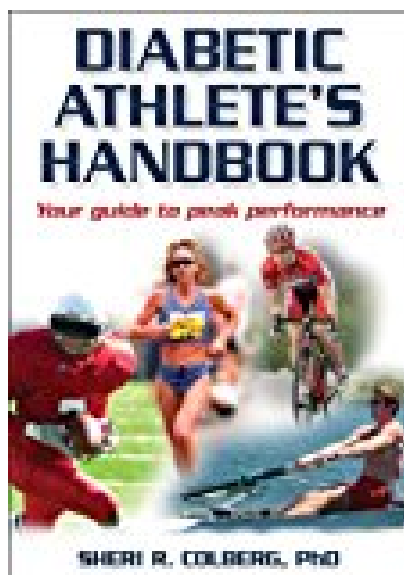


Diabetic Athletes Handbook



BOOK DETAILS

- Author : Sheri Colberg
- Pages : 296 Pages
- Publisher : Human Kinetics
- Language : English
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BOOK SYNOPSIS

Whether the reader is a recreational exerciser or a competitive athlete with type 1 and 2 diabetes, this book contains the training and performance advice needed to remain active and at the top of their game.

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